

Mission Statement: *We welcome all to our inclusive spiritual community. We affirm our Unitarian Universalist Principles and put them into action by worshipping together, caring for one another, and working for a safe, just, and sustainable world.*

**First Parish in Cohasset
Unitarian Universalist**

23 North Main Street / Cohasset, MA 02025

Office: (781) 383-1100, admin@firstparishcohasset.org

Website: firstparishcohasset.org

Minister: Rev. Dan Harper
Director of Religious Education: Tracey Newman
Music Director: Mary Beth Courtright

Parish Committee:

Holly Harris, Chair; Annie Spang, Vice Chair; Mike Nakashima, Clerk;
Woody Chittick, Treasurer; At-Large Members:
Beverley Burgess, Abe Murray, Tara Volungis

Rev. Dan Harper's Office Hours:

Dan is available in his office on
Mondays, Tuesdays, and Wednesdays
from 11:00a -7:00p.

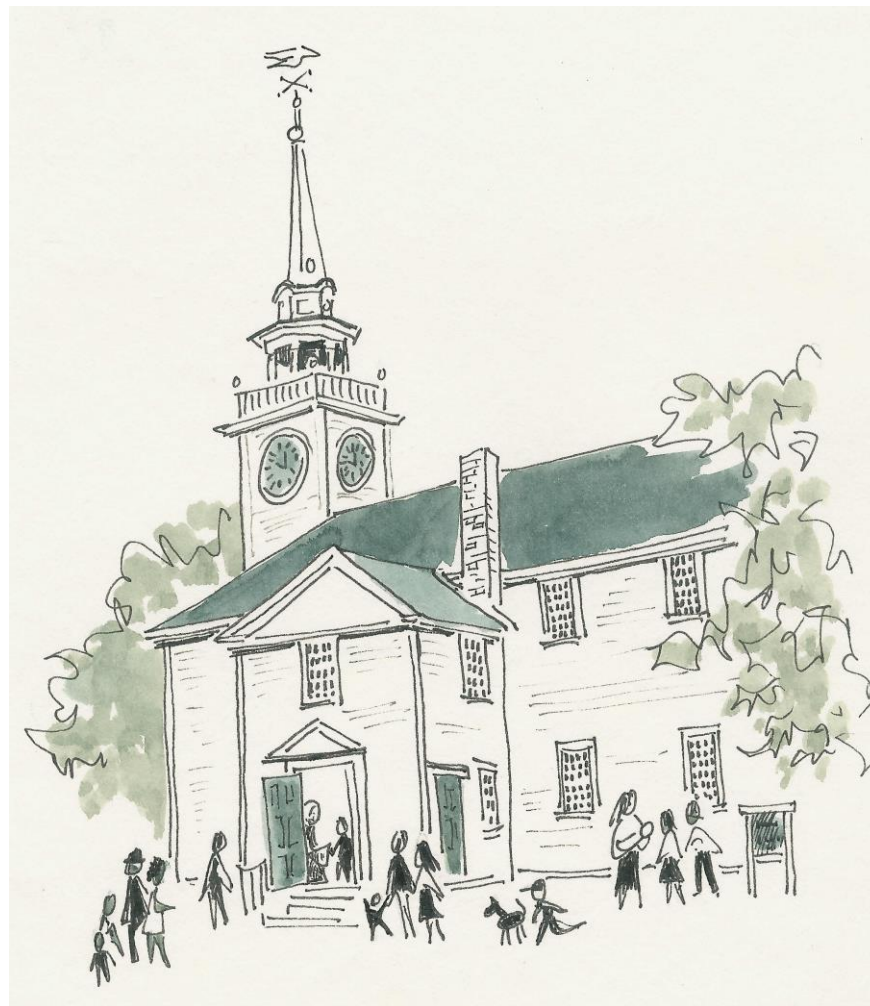
Please contact the Parish Office
or Dan to schedule an appointment.

Care Circle Coordinator / October

Christine Allen
781-999-2204
cwallen64@gmail.com

Thank You:

Usher: JoAnne & Woody Chittick
Flowers: JoAnne & Woody Chittick
Coffee Hour: Margie & Steve Brown
Guest Musician: Amara Mulder



Sunday, October 16, 2022

Order of Service
Tracey Newman, Director Religious Education

Welcome Tracey Newman

Prelude "Weaving" by Connor Chee
played by Amara Mulder

Opening Words: # 434

May we be reminded here of our highest aspirations,
and inspired to bring our gifts of love and service to
the altar of humanity.

May we know once again that we are not isolated beings,
but connected, in mystery and miracle, to the universe,
to this community and to each other. -- Anonymous

Hymn # 361, "Enter, Rejoice, and Come In"

Unison Chalice Lighting Words: "The Balance We Seek"
by Sharon Wylie

*The hours of day and night are in balance.
In honor of Earth-centered traditions that celebrate
this time of year,
we observe that the flaming chalice holds
the elements of the four directions:
Earth, air, fire, water.
The lamp oil for earth
The air that feeds the flame
The fire we light
And the chalice itself, the cup, the symbol of water
We light our chalice and reflect on
the balance we seek in our lives;
the balance we seek in our hearts;
the balance we seek in our world.*

Candles of Joy, Sorrow and Concern

Prayer and Meditation: #440, "From the Fragmented World"
by Phillip Hewett

Hymn in Response # 123, "Spirit of Life"

Spirit of Life, come unto me.
Sing in my heart all the stirrings of compassion.
Blow in the wind, rise in the sea; move in the hand,
Giving life the shape of justice.
Roots hold me close, wings set me free;
Spirit of Life, come to me, come to me.

First Reading: Excerpt from Nora Ephron's 1996 Wellesley
College Commencement Speech

Second Reading: "Choose Life" excerpt from *Trainspotting*
by Irvine Welsh

Sermon: "Searching for Balance"

Offering: Scriabin Etude played by Amara Mulder

Our "Share the Plate" for September & October
is Sandy Hook Promise Foundation

Closing Hymn # 121, "We'll Build a Land"

Closing Words: # 655, "Change Alone is Unchanging"
by Heraklietos of Ephesos

Postlude: a movement of a Beethoven sonata in E
Played by Amara Mulder

Next Week's Service: "Our Congregation and Its Ministers"

If you and an infant need a quiet space, there is a room
upstairs where you can hear the service. Please ask an usher
to show you the way.

Join us for coffee hour across the street at Trueblood Hall
directly following today's service.