

Poem by Lord Buddha

All that we are is the result of what we have thought.
If a man speaks or acts with an evil thought, pain
follows him
If a man speaks or acts with a pure thought, happiness
follows him, like a shadow that never leaves him.

Lyrics to the Choir Anthem, "One Word"

Words by Buddha and Lau Tzu,
Additional words by Robert I. Hugh

Better than a thousand words is one word.
Better than a thousand hollow words is one word.
Better than a thousand hollow words is one word that
brings peace.

If there is to be peace in the world, there must be peace
in the nations.

If there is to be peace in the nations, there must be
peace in the cities.

If there is to be peace in the cities, there must be peace
between neighbors.

If there be peace between neighbors, there must be
peace in our hearts.

There must be peace, work for justice.

Better than a thousand words is one word.

***There are refrains from two other familiar songs woven
into this piece. See if you can recognize them when
sung!**

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