

Mission Statement: *We welcome all to our inclusive spiritual community. We affirm our Unitarian Universalist Principles and put them into action by worshipping together, caring for one another, and working for a safe, just, and sustainable world.*

**First Parish in Cohasset
Unitarian Universalist**

23 North Main Street / Cohasset, MA 02025
Office: (781) 383-1100, admin@firstparishcohasset.org

Website: firstparishcohasset.org

Minister: Rev. Dan Harper
Director of Religious Education: Dr. Kate Sullivan
Music Director: Mary Beth Courtright

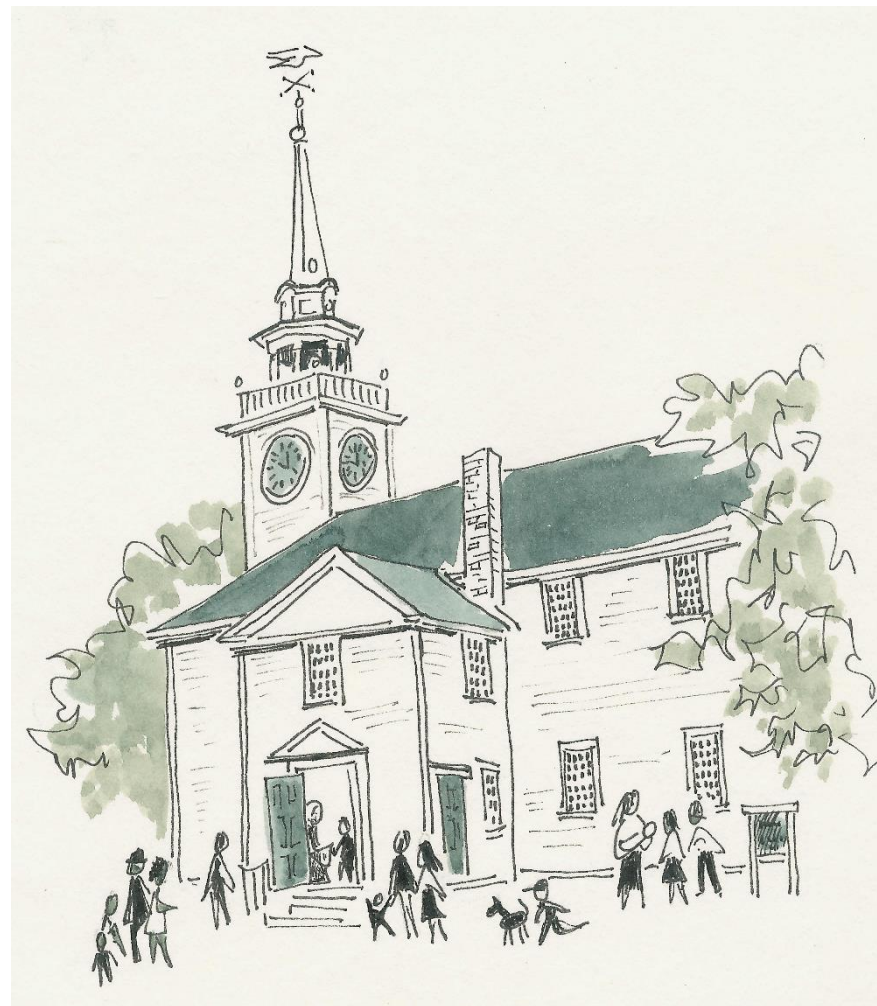
Parish Committee:
Holly Harris, Chair; Annie Spang, Vice Chair;
Pete Parker, Treasurer; Caroline Struzziero, Clerk;
At-Large Members:
Beverley Burgess, Abe Murray, Tara Volungis

Rev. Dan Harper's Office Hours:
Mondays, Tuesdays, and Wednesdays from 9:30a -5:00p.
Please contact the Parish Office or Dan to schedule an appointment.

October 2023 Care Circle Coordinator:
Pat Baird / patbaird65@gmail.com / (781) 929-9585

Thank You:

Guest Chanters: Mike Nakashima and Mark Alves
Worship Associate: Holly Harris
Coffee Hour: The Volungis Family
Usher(s): Pete Parker
Flowers: Given by Nancy Robertson: In memory of Tom Harrison for whom a candle of concern was lit last Sunday before learning that he'd passed away the day before.



October 29th, 2023



If you would like to give to this morning's offering online, please use the first QR code above. In the comments field, **please write "Sunday offering."** Scan the other two codes to follow us on FaceBook and Instagram!

Order of Service
Minister: Reverend Dan Harper

Welcome Dan Harper

Prelude: "Adoro Te Devote" Gilbert M. Martin
Based on the Benedictine plainsong

Opening Words: "The Gift To Sing" by James Weldon Johnson

Hymn: #1003, "Where Do We Come From?"

Unison Chalice Lighting Words: #507

Moment for All Ages: #1056, "Thula Klizeo"

Candles of Joy, Sorrow, and Concern

Prayer and Meditation

Hymn in response: #123, "Spirit of Life"

Reading: from "Meditative singing," Taizé community
Read by Holly Harris

Musical Interlude: "Ubi Caritas" Gregorian Chant
Sung by Mike Nakashima and Mark Alves

Reading: from *The Spiral Dance* by Starhawk
Read by Holly Harris

Choir Anthem: "Sicut Cervus"
Gionanni Pierluigi da Palestrina (1525-94)

Sermon: "Chant as a Spiritual Practice" – Dan

Musical interlude during sermon: "Oli Mahalo" Kehau Camara
A gratitude chant sung by Mike Nakashima

Offering: "Hosanna Filio David" Lani Smith
Traditional chant melody

The October Outreach collection will be used to support End Hunger New England, (EHNE). EHNE provides food to shelters and food pantries throughout New England and in the Ukraine. EHNE is located in Pembroke, MA, and holds food packing events where volunteers come to the facility to package dried meals. First Parish will have a team volunteering in January '24.

Closing Hymn: #131, "Love Will Guide Us"

Unison Closing Words:

Go out into the world in peace,
Be of good courage,
Hold fast to what is good,
Return to no one evil for evil.
Strengthen the fainthearted
Help the suffering;
Be patient with all,
Love all living beings.

Postlude: "Built on the Rock"
"(KIRKEN DEN ER ET GAMMELTHUS)"
Ludvig M. Linderman, (1812-87),
setting by Benjamin M. Culli

Next Week's Service:

"Why I'm a Mystic (But Maybe You Shouldn't Be)"

Join us after today's service for coffee hour across the street at the Parish House. All are welcome and encouraged to attend!